

#### Presenter Bio

**Alicyn Simpson, SME (She/Her/Hers)**

Community Navigator

Gender and Sexual Development Program, Center for Adolescent and Young Adult Health

UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA

Alicyn brings almost three decades of lived experience and a decade of advocacy to the position of Community Navigator. In this unique role she serves as a point person connecting patients and their families to local resources and as a liaison and support to parents through our advisory board and parent peer-support programs. As a subject matter expert, she is a resource creator and reviewer for the Gender and Sexual Development program and gender diversity and cultural competency trainer for the UPMC Health System. She also serves as a community liaison to gender-diverse-led and other community organizations in Pittsburgh with personal ties to leaders in multiple organizations. She is a co-founder and co-leader of Trans Buddy PGH and sits on the board of the Tri-State Gender Collaborative.

#### Name and Narrative Description of your Presentation

##### Gender Diversity in Healthcare

Describes the challenges transgender and gender diverse people and the providers who care for them face in our current health care system. Will discuss current best practices and their limitations with suggestions for systemic change for the benefit of patients of all gender identities.

#### Three (3) learning objectives

By the completion of this session, participants should be able to:

1. Recognize the limitations of a healthcare system that is not built to accommodate gender diversity and the impact this has on transgender and gender diverse patients
2. Describe and apply best practices for interacting with transgender and gender diverse patients and treating them the way they wish to be treated throughout the healthcare visit
3. Recognize the need for systemic change that incorporates the unique needs of gender diverse people but allows consistent application across all gender identities

#### Three (3) current (within the past 10 years) peer-reviewed publications that support the evidencebase for the content of your presentation

1. Vermeir, E., Jackson, L. A., & Marshall, E. G. (2018). Improving Healthcare Providers' Interactions with Trans Patients: Recommendations to Promote Cultural Competence. *Healthcare policy = Politiques de sante*, 14(1), 11–18.

<https://doi.org/10.12927/hcpol.2018.25552>

2. Sarah Alexandra Marshall, Mary Kathryn Allison, Mary Kathryn Stewart, Noel D. Thompson, and Dani S. Archie (2018). *Transgender Health*. Dec 2018. 190-200

<http://doi.org/10.1089/trgh.2018.0003>

3. Manzara, Lexis, "Offering Medical Providers Capacity and Competence in Caring for Transgender and Non-binary Patients: Evaluation of a Pilot Digital Training Program" (2019). *Master's Projects and Capstones*. 938.

<https://repository.usfca.edu/capstone/938>